

OBSERVANCE OF PREVENTIVE HEALTH CHECK UP CAMPAIGN AT ESICMH RAMDARBAR CHANDIGARH AND IN INDUSTRIAL CLUSTERS IN THE MONTH OF AUGUST AND SEPTEMBER

The IPs/IWs were screened for preventive health check-up at ESICMH Chandigarh and in Industrial clusters in the month of August and September 2024.

A preventive health check-up campaign for identification of precancerous lesions, nutritional deficiencies and early diagnosis of lifestyle disorders and related diseases was organized at ESICMH Chandigarh and in Industrial clusters. A small health talk was given to adopt measures for maintaining healthy lifestyle, to refrain from substance abuse which would lead to cancerous lesions in future and to get regular screening done at the hospital for healthy and better living.

The camps were organized at Labour Bureau, Chandigarh, M/S Essen Dienki, M/S CTU Depot, M/S DS Solutions, M/S Devdarshan Overseas, M/S Krishna Auto sales, M/S Strawberry school, Hotel Lalit, Hyatt International, Chandigarh golf club, Chandigarh club, Hyatt centric, Elante Mall in the presence of esteemed doctors along with Nursing officer, Nursing orderly and laboratory technicians. A detailed health check-up was conducted and basic investigations were advised. A small health talk was given to adopt measures for maintaining healthy lifestyle, to include healthy diet, yoga and regular exercise in daily routine to prevent diseases related to sedentary lifestyle. A detailed health check-up was conducted and basic investigations were advised.

The IPs/IW were given the required consultation at the camps.













